

Delectable Mountains

This block is so versatile – for this block we will be using three fabrics. However, you can just use two, if you wish.

We will be making a 12 ½ block, and for that you will need:

Three fabrics for the mountains – light dark and background.

2x5in light squares	For the remainder of the block:
2x5in dark squares	4 x 4 ½ background squares
4x5in background	4 x 2 ½ light squares
	1 x 4 ½ dark square

Method

Place one light square on a background square, right sides together. Draw a diagonal line from one corner to the other. Stitch ¼ in either side of the line and then cut the two halves apart, making two half triangle squares. Trim each triangle square to 4 ½ in. Iron the seam to one side on one square and the opposite way on the other square. Place the two squares together, background fabric to the top left. Repeat the above with the remainder mountain fabrics.



With a ruler, mark 1 1/8 in lines vertically on the squares. Cut the squares using your rotary cutter – you should have four sections for each square .



Taking the two end sections of the light fabric strips, place them right side up on your board, side by side. Next take the 2nd dark fabric strips and place these either side of the 1st light strips, take the 3rd light strips and place these either side of the 2nd dark strips. Discard the last small strip.

Sew each strip together using an accurate ¼ in seam. Finger press each seam open as you go along, this will make it easier for you to press the squares when they are all sewn together.

Each square should measure 4 ½ in. You have now finished the mountains. Now on to the centre.



Take the light 2 ½ in squares and draw a line diagonally from corner to corner on the wrong side of the fabric. Place the light square, right side down, onto the corner of the dark 4 ½ in square. Stitch just above the drawn line not on the drawn line, and fold so that the square is now a triangle on the corner of the dark fabric. Finger press and cut away the waste part of the square at the back and discard. Pin in place and repeat for the other light squares.



Join two mountain squares to the centre square. Join two background squares either side of a mountain square and repeat with the last two background squares. Please see picture on the right. Now join the sections together to complete your 12 ½ in block. Well done



As I said at the start, this block is very versatile – you had to discard the last piece of the mountain block to make it a square, but you can make a rectangle by adding the last section. This makes a lovely border for a quilt, or a pattern if stacked on top.



You can also make a Chinese lantern pattern.

